Slide one

Here is screen shot of an article that describes how I got my brain injury. As a result of the injury, I was in a coma for over a week. Please note, I lived in Ohio and I am cyclist. When the article was written, I had accumulated over 6000 miles of outdoor riding that year.

Slide two

Again, I am a cyclist. Here is a picture of me after, as a cyclist, our relay team won the Vermillion Harbor Olympic triathlon. I also completed a 200 km ride around Lake Constance while I worked in Switzerland. Lake Constance is a lake between Germany, Austria and Switzerland.

Slide three

These slides are publicly available on github from the hyperlink on the slide. I spelled throttle incorrectly when I created my github site. Finding the github site is easier if you perform a google search, I think.

Slide four

Uncle Steve got me involved in aviation by taking me to the airshow in Wisconsin. I became a member of the Experimental Aircraft Association.

Later, before my brain injury, my Uncle Steve began building a Piper Cub from plans.

Slide five

Uncle Steve was building an airplane and I was an avid cyclist living in northeast Ohio. I knew it was not unheard of to operate a home built aircraft without even a single pilot’s lesson. Ask me to cite one example! So, I thought I should at least know something about operating a Piper Cub from running a FlightGear. The NE Ohio winter was too cold for outdoor cycling and I had a bike trainer to stay in shape during the winter. Why not combine the two? And I did.

At that time, I used a data acquisition device to translate the rotational speed of the bike on a trainer into a virtual throttle position. Trainer resistance is not constant, it varies as the trainer heats up. At first, I compared my speed to a record of a previous exertion on the trainer. Now I use a better method, I think, for this translation.

Slide six

This configuration worked for me; but no one else knew about my quirk.

When I started to live with my parents, I sought to revive this activity

Virtual flights generated physical and mental challenges for me.

On this slide there is a link so you can freely downloadable flightgear.

Slide seven

When I moved back home, I wanted to revive my hobby. One of the first things I did after getting back on the bike trainer was purchase a logitech flightstick. Here is a Logitech flight stick, commercially available. The throttle is here.

Slide eight

That still was not enough. I started riding in front of large screen and watched Sumo wrestling.

Merely exerting myself was still not enough. Please note the bike pictured is wrapped in towels to absorb sweat. I have replaced two bottom brackets since moving back home. I now use two fans to blow sweat away.

Slide nine

I started using a program called gatttool on a Rhaspberry Pi to record output from a Wahoo speed sensor I mounted on the rear hub of my bike. Raspberry Pis use a linux operating system, just like the operating system I had on my own personal desktop. I moved gatttool to my PC and modified gatttool to translate my cycling exertion into a throttle position. This required the use of administrative privileges. A way around this is to use an Arduino to do the same thing.

Slide ten

The Wahoo sensor sends out 8 bytes of information every second while wheel is spinning.

The first and last bytes were not relevant to me for achieving my goal: translating speed into a throttle position. But the middle six are. The first four bytes indicate the total number of rear tire rotations – in other words, how far you have gone. The last two combine with the first four give a high resolution speed indication

Slide eleven

Merely capturing this information filled the programming space of Arduino Uno WIFI Rev. 2. A second Arduino is required to translate that information into a joystick throttle position.

Slide twelve

Here is a succinct explanation of what an Arduino is.

Slide thirteen

Here is a picture showing the Arduino Leonardo (joystick) and Arduino Uno Wifi Rev2 connected by wires that facilitate their communication. Both Arduinos use the wire programming library for communication.

Slide fourteen

Here is a picture an aircraft’s controls surfaces and the keys I use to control the aircraft.

Slide fifteen

Here is my email address so I can respond to your questions after this conference. I omitted many details from this presentation.

What follows is very mathy; but I think you should understand a bit of the code in the Arduinos so you can modify it intelligently to make it work for you.

Slide sixteen

These are the constants with units. Most of the constants are obviously named except the “speedGradient” More details on that follow.

Slide seventeen

This is the raw data gleamed from the speed sensor

Slide eighteen

This is the math used to determine your virtual cycling speed

Slide nineteen

Finally, the joystick position. Note that I used a exponential function – this was my way to account for the reduction in trainer resistance as the trainer is used.

Slide twenty

This is not a random collection of ideas.

Any questions?

Slide twenty two

This is the batch file I wrote to start CoolTerm to show the text output of the Arduinos, ShowKey to display my keystrokes in the upper left corner of the screen, and FlightGear.

Slide twenty three

Here a screen shot of the heads up display I watch while playing FlightGear. FlightGear includes a GPS to guide you to your virtual destination. The GPS also shows ground speed. The HUD shows air speed, aileron position and its trim tab, elevator position and its trim tab, throttle position, aircraft heading, altitude above ground, altitude above sea level, and rudder position. I use auto-coordinated flight control so the rudder control are not used except for steering on the ground.

Watch the screen closely, they never touch the 9 and 3 keys to adjust the throttle.

Now, I will attempt a virtual flight from Gaithersburg Airport to BWI

Check list

Turn on fanS!

**Head band**

shoes

Put on headband and left foot brace

Put on cycling shoes

Turn on BLE Arduino

Rotate rear wheel by hand

Confirm blue light is on

Double click “startApps”

When launcher opens

choose Cessna

Confirm KGAI aiport as departure

When flight gear launches

activate parking break

from “Equipment” menu set GPS to KBWI

press “h” to turn HUD

twice if you want red

press “c” to turn off cockpit

start pedaling

if throttle is active take off

restart arduino until throttle is active